
VISION SERVICES

ORIENTATION AND MOBILITY

This is a combination of two words that have equal importance in one's ability to safely move around. Orientation is knowing where you are in the environment, where you want to go and how you're going to get there.

Mobility is traveling safely and efficiently from one place to another by oneself with a long white cane or a dog guide, or by using another person as a guide.

ACTIVITIES OF DAILY LIVING SKILLS

Being able to complete all the things that each of us does every day in order to live life to the fullest. Teaching a blind person to:

- independently prepare meals
- clean the house
- manage money
- organize and label personal items
- wash and fold clothing
- repair household problems

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FUNCTIONAL LOW VISION

Assessing how a person uses their remaining vision in order to assist them to use it better may involve using adaptive aids such as magnifiers and telescopes, using hats and sunshields to reduce glare and gaining a better understanding of their vision loss.

BRAILLE

Learning to read and write Braille is similar to learning a new language in that it can be a challenge. In this area, it is important to encourage the person to learn this new language so recording and retrieving information is more easily accomplished.

CLOSED CIRCUIT TELEVISION (CCTV) EVALUATION

Assessing whether or not a person can function more independently at home, work and/or school with enlarged text seen through a CCTV.

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SUPPORT GROUP

Getting support from other people who are visually impaired or blind is invaluable. It lets you know that you are not alone, and gives hope and encouragement that a vision impairment will not prevent you from enjoying life.

OTHER SERVICES

- Information and Referral
- Educational Presentations
- Resource Materials
- Adaptive Aids Store
- Large Print and Braille Menus
- Career Development Training
- Job Placement
- Internships

ELIGIBILITY

REQUIREMENTS

- ABVI services are available to all age groups.
 - Must present documentation of an eye examination less than one year old.
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I NEED MORE INFORMATION!

- Orientation and Mobility
- Activities of Daily Living Skills
- Functional Low Vision
- Braille
- CCTV
- Support Group
- Other: _____

Name: _____

Address: _____
Phone: _____

I would like to refer someone for assistance:

Name: _____

Address: _____
Phone: _____

Please mail to:

Meritan
Alliance for the Blind and Visually Impaired
4700 Poplar Avenue
Memphis, TN 38117



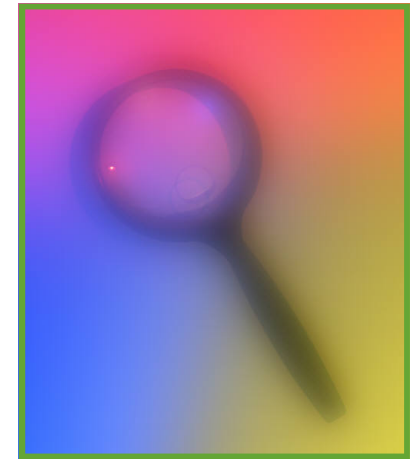
**ALLIANCE FOR THE BLIND AND
VISUALLY IMPAIRED**

4700 POPLAR AVENUE

MEMPHIS, TN 38117

PHONE: 901-766-0600

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Alliance for the
Blind and
Visually Impaired
(ABVI)

