

## WHAT IS HOME CARE?

Home Care is any care provided to a patient in their home. This includes medical services (home health) and non-medical services (homemaker services). Meritan is proud to provide these services with quality and compassion so that our clients may remain living independently in their own homes.

### **SKILLED/MEDICAL SERVICES**

- Wound Care
- Cardiac & Pulmonary Care
- Physical Therapy
- Neurological Rehabilitation
- Intravenous Therapy (IV)
- Chronic Disease Care
- Palliative Care
- Medication Management
- Etc.

#### **NON-MEDICAL SERVICES**

- Personal hygiene & dressing
- Eating assistance
- Walking assistance
- Toileting & Continence Care
- Etc.

### **Cost Effective**

Home care can reduce healthcare costs by managing disease, preventing hospitalizations and keeping people out of residential facilities.

### **Clinically Advanced**

Skilled home healthcare effectively manages chronic conditions and provides post-acute care, almost always for less than the cost to provide the same care in a hospital or other institution.

#### **Patient Preferred**

Nearly 90% of American seniors say they want to age in place and remain in their homes.<sup>1</sup> In the absence of home-based care, however, many seniors, especially in rural areas, will have no choice but to seek care in institutional settings.

Meritan.org 345 Adams Avenue Memphis, TN 38103 (901) 766-0600 or (800) 487-5207

1. Clarity/PrinceMarketResearch2007AginginPlaceStudy. Retrieved from www.marketingcharts.com/direct/seniors-fear-loss-of-independence-nursing-homes-more-thandeath-2343/clarity-aging-in-place-importance-living-independently-seniors.jpg

# WHO QUALIFIES FOR HOME HEALTH SERVICES?

## TYPE OF PATIENT OR CLIENT

Acutely ill with new or exacerbation of diagnosis:

- Infusion
- Wound Care
- Diabetes (with or without complications)
- Injections
- Skilled teaching; medication, disease process, procedure
- Post-Operative Care
- Skilled Restorative Therapy

## QUALIFYING REQUIREMENTS

Medicare:

- Patient must require intermittent skilled nursing or skilled therapy
- These services must be required by physician's plan of care (POC)
- Patient must be homebound

TennCare/Commercial Insurance/Workers Compensation:

- Patient must require intermittent skilled nursing or skilled therapy
- These services must be required by physician's plan of care (POC)
- Insurance networks subject to change. Please call the office to confirm in-network coverage

Patients who intend to pay out of pocket only need a physician's order to receive skilled services at home.

Meritan staff may be able to help you or your loved ones with home care needs. Contact us at (901) 766-0600 to learn how we can help.

## WHO QUALIFIES FOR IN-HOME SERVICES?

## TYPE OF PATIENT OR CLIENT

- Veterans referred from Veteran's Administration (VA)
- Low-income elderly or disabled adults referred by DHS Adult Protective Services funded through Social Services Block Grant (SSBG)
- Individuals assigned to TennCare Choices through BlueCare, Amerigroup or referred from the Aging Commission Choices Division
- **Private Pay** for individuals who want services not covered by their insurance. Meritan offers competitive rates and accepts payments by check or credit card.

## SERVICES

- **Personal Care Visits** Help with basic tasks to keep you or your family member living independently. This can include getting up from or down to sleep, bathing, dressing, preparing meals or using the bath-room.
- Attendant Care Personal care for longer periods of time
- Homemaker Services Help with household chores or errands like laundry, sweeping, mopping or gro-cery shopping.
- In-Home Respite Care Attendants relieve the family/caregiver for several hours at a time.



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